

PACKING TIPS

What to Wear: The people in Romania typically earn between \$600.00 - \$800.00 annually, so it is recommended that you dress conservatively. The weather is seasonal, and Romania is on the same latitude as northern Minnesota or southern Canada. Pack easy-care clothes that are practical and adequate for more than one function. Because it is cold in the winter, it is wise to dress in layers. It is recommended that everyone wear warm, water resistant boots in the winter months. It would also be wise to purchase lightweight thermal or insulated underwear and tights. Cool clothing is needed in the summer months. No shorts, short skirts, or tank tops are permitted. We do not wear jewelry. You may wear a watch, and if married, you may wear your wedding band. You may check on the Romanian weather forecast at Accuweather.com. Be sure you read the temperature in Fahrenheit.

Medical Missions Team: While working in the clinic, it is acceptable for you to wear medical scrubs.

Men: Casual slacks, khaki's, or jeans are acceptable to wear for most of the project. Oxford, polo style shirts or sweaters are also recommended. If you will be preaching during a worship service, it will be necessary for you to wear a suit or jacket and a tie. Please do not wear shorts during the mission project. They may be worn during times of sightseeing and shopping.

Women: Lightweight dresses and long skirts with blouses are acceptable. It is recommended that you dress simple and wear comfortable shoes for walking. It is a tradition in many of the Romanian churches that married women wear scarves in their hair during worship services. It is recommended that you carry one with you in case you are in a traditional service. Due to the customs of the country, ladies are not to wear make-up while ministering.

Goody Bags/ Gifts for Prison Visit:

We request that each team member prepare and bring goody bags for the daily Kid's Klubs, and if possible, gift bags for the visit to the Romanian prison. If each team member brings approximately 100 goody bags and 20 gift bags, this should be adequate. The goody bags should consist of a few pieces of candy, crayons, small toys, pencils, etc. packed in a snack or sandwich size ziploc bag. The gift bags for the prison should consist of toiletry items, such as soap, shampoo, lotion, combs, etc., also packed in the ziploc bags.

Other suggestions for Packing

- Bring a Backpack.
- If you wear glasses, bring an extra pair, or your prescription, in the event your glasses are broken or misplaced.
- If you take medication, bring extra dosages than what you know you will need.
- Electrical converter (Eastern Europe).
- Journal to record your ministry highlights.
- Umbrella. Travel Alarm Clock. Flashlight
- If you are traveling between April and October, it is recommended that you bring a can of insect repellent and a can of insect spray.
- Toilet paper for use in the villages.
- Antibacterial hand cleaner.
- First Aid items and various medicines (antacids, Imodium AD, motion sickness pills, an antibiotic to be used if you develop an intestinal disorder during the project, pain medication, etc.)